

## Request for Counselor Letter of Recommendation

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

In which courses did you excel and why?

What are your educational goals? Do you have an intended major? Career Goals?

What special characteristics/qualities do you possess that should be stressed in a letter of recommendation? Please give specific examples to support this.

How have you grown or changed since freshman year?

Please use the following lines to list any activities, clubs, sports, jobs, or volunteer experiences that were important to you during high school. Include honors/awards or special recognition.

Activity	Grades	Hours/wk	Accomplishments

Attach a separate list if you need additional space.

Which activity listed above has had the most significance to you? Why?

In what way have you demonstrated leadership, maturity, responsibility, and independence in the school or community? Use specific examples.

If you feel comfortable sharing, please describe any difficult challenges or circumstances that have impacted you while in high school?

Check up to ten words that describe you.

- |                                      |                                       |                                      |  |  |
|--------------------------------------|---------------------------------------|--------------------------------------|--|--|
| <input type="checkbox"/> adventurous | <input type="checkbox"/> enthusiastic | <input type="checkbox"/> imaginative | <input type="checkbox"/> perceptive    | <input type="checkbox"/> studious      |
| <input type="checkbox"/> alert       | <input type="checkbox"/> exuberant    | <input type="checkbox"/> impulsive   | <input type="checkbox"/> poised        | <input type="checkbox"/> strong-minded |
| <input type="checkbox"/> articulate  | <input type="checkbox"/> flexible     | <input type="checkbox"/> independent | <input type="checkbox"/> practical     | <input type="checkbox"/> tactful       |
| <input type="checkbox"/> athletic    | <input type="checkbox"/> frank        | <input type="checkbox"/> industrious | <input type="checkbox"/> quiet         | <input type="checkbox"/> thoughtful    |
| <input type="checkbox"/> clever      | <input type="checkbox"/> generous     | <input type="checkbox"/> intelligent | <input type="checkbox"/> realistic     | <input type="checkbox"/> warm          |
| <input type="checkbox"/> cooperative | <input type="checkbox"/> gentle       | <input type="checkbox"/> kind        | <input type="checkbox"/> reliable      | <input type="checkbox"/> well-mannered |
| <input type="checkbox"/> confident   | <input type="checkbox"/> happy        | <input type="checkbox"/> mature      | <input type="checkbox"/> self-reliant  |  |
| <input type="checkbox"/> creative    | <input type="checkbox"/> helpful      | <input type="checkbox"/> natural     | <input type="checkbox"/> shy           |  |
| <input type="checkbox"/> curious     | <input type="checkbox"/> humble       | <input type="checkbox"/> neat        | <input type="checkbox"/> sincere       |  |
| <input type="checkbox"/> eager       | <input type="checkbox"/> humorous     | <input type="checkbox"/> organized   | <input type="checkbox"/> sophisticated |  |
| <input type="checkbox"/> easy going  | <input type="checkbox"/> idealistic   | <input type="checkbox"/> patient     | <input type="checkbox"/> stable        |  |