

Suggested Medically Accurate Resources for Parents/Guardians and Students

The following information has been compiled in an effort to provide medically accurate resources and is not meant to be a substitute for human growth and development instruction in the home and/or at school. This list was compiled by the Human Growth and Development Curriculum Committee (2015-16 school year) and is intended to supplement the established curriculum. The Nicolet, Fox Point-Bayside, Glendale-River Hills and Maple Dale-Indian Hill districts have reviewed these resources, but the appearance on this list is not necessarily an endorsement from the districts. This list is not intended to be comprehensive, and the districts will continue to add resources. We welcome any recommendations from families.

Definitions of each National Sexuality Education Standards (NSES) Topics

AP	Anatomy and Physiology - basic human functioning
PAD	Puberty and Adolescent Development - pivotal milestone for every person that has an impact on physical, social, and emotional development
PS	Personal Safety - need for growing awareness, creation, and maintenance of safe school environments for all students
HR	Healthy Relationships - guidance to students on navigating relationships. Standards reflect increased use and impact of technology with relationships
STI	Sexually Transmitted Infections and HIV - content and skills related to understanding and avoiding STIs and HIV
ID	Identity - fundamental aspects of people's understanding of who they are
PR	Pregnancy and Reproduction - how pregnancy happens and decision making to avoid it

Resource	Primary Audience		Grade Span				Topics						
	For Students	For Parents and/or Guardians	K-2	3-5	6-8	9-12	AP	PAD	PS	HR	STI	ID	PR
Ten Tips for Talking about Sexuality with your Child who has Developmental Disabilities		X	X	X	X	X		X	X	X	X	X	X
Are You an Askable Parent?		X		X	X	X	X	X	X	X	X	X	X
Parents as Sexuality Educators Recommended Reading List		X	X	X	X	X	X	X	X	X	X	X	X
Our Sons and Daughters		X	X	X	X	X						X	
Ten Tips for Parents of L.G.B.T Children		X	X	X	X	X						X	
Parental Influence and Teen Pregnancy		X			X	X							X
Ten Tips for Parents to Help Their Children Avoid Teen Pregnancy		X			X	X							X
Ten Things Teens want Parents to Know about Teen Pregnancy		X			X	X							X
Parents Matter		X		X	X	X	X	X	X	X	X	X	X
Forge Forward (TransGender)		X	X	X	X	X						X	
Proctor and Gamble Always Changing Boys, Always Changing Girls Parent Information	X	X		X	X	X		X					X

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Planned Parenthood and Sexually Transmitted Disease Clinics, Mental Health Resources, and Free Pregnancy Tests-Resource Folder	X	X				X		X	X	X	X		X
1 is 2 Many		X				X			X	X			
Advocates for Youth		X				X		X	X	X	X	X	X